

Treating Teens Participation Information Sheet

Details of Participation

- 2-month Baseline Phase (data submission only)
- 6-month Implementation Phase (data submission + online training)
 - Online training (via Talent LMS) lasts 25 weeks (6 months)
- 4-month Sustainment Phase (data submission only)

Training in Evidence-Based Practices (all FREE and ONLINE): Family Therapy or CBT

- **Introductory Training:** up to 6 hours of upfront training via Zoom with our clinical expert to introduce therapeutic techniques and details of project
- **Weekly Online Training:** therapists engage with online video-based LMS for approximately 15-20 minutes per week (duration of 6 months)
- **Introductory Training is available for CEUs**

Data Submission

Each therapist is asked to submit the following data for each session with an age-range case:

- **Inventory of Therapy Techniques (ITT) Self-Report Checklist:**
 - Online Qualtrics survey accessible via re-usable link
 - Takes 2-3 minutes once you become comfortable with the items
- **Audio recordings of sessions (for clients who authorize release of information)**
 - For Telehealth sessions, it is okay to record therapist voice only (using external recording device to be distributed by research team)
- Researchers are only interested in therapist behavior and technique use, not client behavior!

Data Reimbursement

Depending on agency policy and study enrollment, we plan to reimburse for data submission during Implementation (study months 3-8) and Sustainment (study months 9-12) phases

- \$10 for each matched pair of study level data (one self-report checklist/ITT + audiotape), for up to 5 pairs of data per month per participating therapist, with a therapist cap of \$600 over the year-long study period
- We can also reimburse at the agency level in the event that therapists are not able to accept reimbursement directly (at the same cap per individual therapist)

Treating Teens Participation Information Sheet Cont.

Participation Requirements

1. Therapist (NOT client) as participant → therapist will provide informed consent to participate
2. Supervisors and therapists are expected to complete at least 50% of assigned LMS weeks, monitored monthly
3. Therapists are expected to submit at least one ITT/audio recording pair per month, monitored monthly
4. Supervisor agrees to attend consultation meetings; if not, training participation will not be possible
5. Therapist randomized to the experimental group agree to attend, and must be available for, 30-minute weekly OR one-hour biweekly consultation meetings; if not, training participation will not be possible
6. Therapists who do not have a caseload with study age range (13-25 years old) clients can have access to the LMS once the study is over

Fidelity Trainings - Feedback on Data Submitted

Research staff will code one audio recording per month for each therapist and provide confidential comparison between therapist self-report scores (ITT) and coder scores

Basic Consultation Guidelines

Pre-meeting survey completed by therapists who are randomized in the Consultation condition. It provides multiple options for use of consultation time, ranked in order of preference:

- **Vignette review and scoring:** Discuss how vignettes were scored by you or the gold standard, OR discuss interventions used in vignettes and how they might be applied to your current cases
- **ITT summary review:** Review monthly summary of self-reported ITT data to support case planning
- **Case summary and planning:** Discuss your caseload OR discuss consentings new clients to the study
- **Audiotape review:** Listen to a portion of audio recording to assist with ITT self-report coding practice OR case planning

If you are interested, please email amaclean@toendaddiction.org