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R. Bertram, S. Kerns

Selecting and Implementing Evidence-Based Practice

A Practical Program Guide

"Bertram and Kerns present a compelling imperative for evidence based practice. Selecting and Implementing Evidence-Based Practice: A Practical Program Guide is timely, cogent, masterful and forceful. [...] Advancing the evidentiary movement among practitioners, managers and academics, these authors have made an indelible contribution to our behavioral health and social service communities and to those we serve."

-Katharine Briar-Lawson, PhD, LMSW, Professor and Dean Emeritus, University at Albany School of Social Welfare and National Child Welfare Workforce Institute

To improve client outcomes and practitioner competence, the book clarifies practices to address common problems such as anxiety, depression, traumatic stress, and child behavioral concerns. The authors also provide examples and suggest how to integrate implementation of evidence-based practice into academic programs through collaboration with behavioral health or social service programs.

Among the many topics discussed:

- Academic workforce preparation and curricula development
- Data-informed selection and implementation of evidence-based practice
- Anticipating and resolving practical challenges to implementation
- Negotiating treatment challenges with clients
- Collaboration between academic and behavioral health care programs

This text is a valuable resource for both academic and behavioral health care programs. It will improve workforce preparation and behavioral health care service provision by helping aspiring practitioners and programs develop the necessary knowledge and skills to select, effectively implement and sustain evidence-based practice.

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